

# **Metroplex District 3 Qualifier**

**Saturday September 8<sup>th</sup> 2018**

## **SESSION 1: ALL LEVEL 1's & 2's**

8:00am General Stretch

8:20am March In

8:30 am Flight A warm up

8:40 am Competition

## **SESSION 2: ALL LEVEL 3'S & 5'S**

11:45am warm-up

12:05Pm March In

12:15pm Flight A warm up

12:25pm Competition

## **SESSION 3: ALL LEVEL 4'S**

3:45pm General Stretch

4:05pm March In

4:15pm Flight A warm Up

4:25pm Competition